

Sesame carrots

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INGREDIENTS

- 4 medium carrots
- 1 tablespoon toasted sesame oil
- kosher salt
- freshly ground black pepper

PREPARATION

1. Peel and cut 4 medium carrots into long matchstick-size pieces. Heat 1 tablespoon toasted sesame oil in a large skillet, preferably nonstick, over medium heat. Add carrots and cook, stirring occasionally, until just tender, 3-4 minutes. Season with kosher salt and freshly ground black pepper.